



Dental, Medical and Nursing Students – Important Information

In accordance with current Department of Health guidance, students should protect colleagues and themselves by being immunised against serious communicable diseases where vaccines are available and effective, prior to starting their course or should arrange this as soon as possible following your arrival.

To support this it is recommended that all students are vaccinated against the following:-

Diphtheria Tetanus and Polio

Most students will have had five vaccines prior to finishing high school, with last vaccine given within the past 10 years. Please ensure you are up to date.

Meningitis ACWY

Every year in the UK at least one avoidable death will occur due to meningitis in new students arriving at Universities and often within the first few weeks. You should have been vaccinated before coming to University or should arrange this as soon as possible following your arrival.

Measles, Mumps and Rubella (MMR)

It is recommended that students have two MMR vaccines prior to starting their course. Annually there are cases of Mumps amongst students, which are unpleasant and carry serious side effects for male students.

The above vaccines are available from your own doctor.

HELPFUL INFORMATION

Doctors' Surgeries

An effective way to find a local National Health Service General Practitioner (and a range of other NHS services) is through the web site for [Scotland's Health on the Web](#).

This site allows you to search for a local General Practitioner by your postcode.

Support Services Available to Dental, Medical and Nursing Students

Disability Services can help you with:

- Access on campus
- Arranging support
- Assistive technology
- Exam arrangements
- Financial assistance
- Referrals to other services

65 Southpark Avenue
Glasgow
G12 8LE

0141 330 5497/5121

disability@glasgow.ac.uk

www.gla.ac.uk/myglasgow/disability

Counselling and Psychological Services can you help you with:

- Homesickness, loneliness, anxiety, depression;
- Problems in relationships;
- Family problems and troubling past experiences;
- Bereavements and losses;
- Life changes such as pregnancy and illness;
- Sexual and cultural identity;
- Suicidal feelings;
- Crises such as assault;
- Academic difficulties.

67 Southpark Avenue
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studentcounselling@glasgow.ac.uk

www.gla.ac.uk/myglasgow/counselling