



Welcome!

This is the 3rd Deep End GP newsletter, highlighting Deep End activity across Scotland. We welcome any suggestions – email deependgp@gmail.com – and invite anyone interested to the next steering group meeting. Further details at the end of newsletter.

New Deep End Chair, Dr Carey Lunan

Carey took over the role of Deep End Chair from Dr Anne Mullin in January 2021. She is a partner in Craigmillar Medical Group, one of Edinburgh's Deep End practices, and prior to that she worked as a GP in the Edinburgh Access Practice, for those experiencing homelessness. From 2017 – 2020 she was Chair of the RCGP in Scotland, with a focus on raising awareness around health inequalities and the role of general practice teams. She is also an Honorary Senior Clinical Lecturer at Edinburgh University.

Focus on Deep End Patients

General Practitioners at the Deep End work in 100 general practices serving the most socio-economically deprived populations in Scotland.

As described in a [previous newsletter](#), the Deep End Project will continue to share learning more widely, advocating for 'Inclusion Health' in all practices.

Work on addressing the Inverse Care Law recognizes the importance of 'proportionate universalism', with resources directed to areas with greatest need.

Deep End News / Events

50 years of the Inverse Care Law

An [online conference](#) marking 50 years of Tudor Hart's Inverse Care law was hosted by the Deep End group on Wednesday 26th May 2021.

Speakers included: Sir Harry Burns, ex-Chief Medical Officer (CMO) for Scotland and Prof of Global Public Health, and award-winning author and broadcaster Darren McGarvey. Plans for a follow up meeting will be advertised on [the website](#)

Welfare Advice and Health Partnerships

GP practices in the most deprived communities will receive £3.17 million to fund [dedicated welfare rights advisors](#) to address mental health concerns caused by money and housing insecurity.

Launching in September 2021, 150 GP practices will be able to refer patients directly to an in-house welfare rights officer for advice on increasing income, social security eligibility, debt resolution, housing, and employability issues as well as helping with representation at tribunals.

Deep End Report: COVID-19 Vaccine deployment for marginalized groups

[Deep End Report 37](#) summarised key themes from a virtual 'roundtable' meeting with Public Health Scotland Scottish Government, NHS Boards, and Third Sector representatives.

Recommendations on data collection, adapting delivery models, and adapting communications material have been widely disseminated.

5th International Deep End Bulletin

The fifth Deep End [International bulletin](#) was published in June 2021, featuring updates from Deep End groups in [Ireland](#), [Yorkshire & Humber](#), [Greater Manchester](#), and Australia.

Deep End Project updates

Community Links Workers

The national roll out of CLWs is ongoing, with Health Boards and HSCPs working alongside the Alliance on recruitment.

Deep End Pioneer Scheme

Funding for the Pioneer scheme ended in April 2020, but discussions are ongoing about the future shape of the scheme, which is likely to be expanded to include a more inter-professional approach and focus on Inclusion Health.

New Learning Resources

Substance Use & Addictions

The Scottish Recovery Network has launched a [new website](#). Full of free resources, ideas and insights, their new website has been created to help groups, organisations, communities and services develop recovery-focused mental health support powered by lived experience.

Trauma-informed learning resources

The Improvement Service, NHS Education for Scotland (NES), and Scottish Government have developed a [series of learning events](#) over 2020-21 to explore how adopting a trauma-informed approach can support key community planning priorities and support professionals to identify tangible steps to help ensure this approach is embedded in policy and practice moving forward.

Deep End Research

Game of Stones – weight management for men in deprived areas

Men are less likely to seek help to lose weight than women. This research aims to help men to lose weight and keep it off for at least a year. Eligible men who can read English need access to a mobile phone that can receive text messages. For info visit the [Game of Stones website](#)

'Dying at the Margins' project

Most people would like to be cared for at home when they are nearing the end of life, rather than in hospital. However, this is less likely to happen for people living in economically deprived areas. Researchers are looking for people to participate in a project exploring what it's like to live at home with a serious advanced illness when you are also struggling to make ends meet. [Email Dr Sam Quinn](#) for more info.

Deep End GP Contacts

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Next meeting: Wed 1st Dec, 2.30-5pm, via Zoom *All welcome*(email in advance)