

Issue 1 July 2022

REACH-HFpEF Trial: officially open for business!

Welcome to this first issue of the REACH-HFpEF news!

We are delighted to announce that the first 7 sites have now received our Sponsor Greater Glasgow Clyde Health Board 'Green for Go' approval status and open for recruitment

- 01: Tayside Health Board
- 02: NHS Ayrshire and Arran
- 03: NHS Greater Glasgow Clyde
- 04: Guy's and St Thomas' NFT
- 09: North Tees and Hartlepool Hospitals NFT
- 10: West Suffolk NFT
- 18: Leicestershire Partnership NHS Trust

Congrats to the Tayside team who randomised our first two HFpEF patients. We are close to opening another 7 sites and we'll be looking to open the rest so we're at full capacity with 20 sites by end of the summer.



L-R; Myra White, Jackie Duff both research nurses, Ify Mordi PI. Kate Ednie is another research nurse taking part in the study and the rehab team is Fiona Brownlie and Keri Graham

Our 6-month target

When we were funded by NIHR, as with most of their trials, we were required to demonstrate evidence that we can meet our overall patient recruitment target of 520 using an internal pilot phase of 6-months. With recruitment of first patient, the clock is now ticking and we need to recruit 120-180 patients by end of Nov 2022

REACH-HFpEF TOP TIPS #1

Upload your patient and caregiver screenings onto the eCRF regularly

Make the trial participant brochure widely available to potential participants, use as a poster in your clinics

For PIS issued, where you have indicated you will do so, please follow-up with a courtesy phone call to check participation

Facilitators please complete the expression of interest form to participate in the process evaluation and return to the project team based in Exeter—see link below

<https://blogs.exeter.ac.uk/reach-hf/files/2022/07/REACH-HF-Facilitator-Expression-of-Interest-1.pdf>

Facilitators drop in session

The Heart Manual Dept will be running a 1hr Teams drop in session for REACH-HF facilitators in early/mid Sept 2022. Details to follow!

Contact the central trial team of Emma, Claire, Rod and Chim at the trial email address

REACH-HFpEFproject@glasgowctu.org

We're here to help!